AMENDMENTS TO THE CLAIMS

This listing replaces all prior versions, and listings, of claims in the application:

Listing of Claims

- 1. (Original) A method comprising disrupting a biological sample in a ball mill loaded with disrupting particles that are not substantially spherical.
- 2. (Original) The method of claim 1, the particles having a jagged surface.
- 3. (Original) The method of claim 1, the particles having one or more sharp edges or corners.
- 4. (Original) The method of claim 1, the particles comprising screw-bits, cone balls, pins, or non-spherical shot.
- 5. (Currently amended) A The method of claim 1 comprising disrupting a biological sample in a ball mill loaded with substantially where the spherical disrupting particles that have been roughened prior to use.
- 6. (Original) The method of claim 5, where the particles have been roughened by sanding, forming grooves within a surface of the particles, a ball peening process, an electric discharge processes, or by embedding a material within a surface of the particles.
- 7. (Currently amended) The A method of claim 1, further comprising increasing a yield of nucleic acids from a the biological sample by disrupting the sample in a the ball mill loaded with disrupting particles that are not substantially spherical instead of substantially-spherical disrupting particles of about the same size and density.
- 8. (Original) The method of claim 7, where incréasing a yield comprises increasing a 28S/18S ratio.
- 9. (Currently amended) A The method of claim 1, further comprising decreasing the disruption time of a the biological sample by disrupting the sample in a the ball mill loaded with disrupting

particles that are not substantially spherical instead of substantially-spherical disrupting particles of about the same size and density.

- 10. (Currently amended) A The method of claim 1, where comprising disrupting a biological sample in a the ball mill that includes a vial having an inner surface that is jagged or has been roughened prior to use.
- 11. (Original) The method of claim 10, where the inner surface has been roughened by sanding, forming grooves within the surface, a ball peening process, an electric discharge processes, or by embedding a material within the surface.
- 12. (Currently amended) A The method of claim 1, where comprising disrupting a biological sample in a the ball mill that includes a vial with an internal grill configured to contribute to disruption.

13. (Canceled)

- 14. (Original) An apparatus comprising a ball mill including disrupting particles (a) that are not substantially spherical or (b) that are substantially spherical, which have been roughened prior to use.
- 15. (Original) The apparatus of claim 14, the particles having a jagged surface.
- 16. (Original) The apparatus of claim 14, the particles having one or more sharp edges or corners.
- 17. (Original) The apparatus of claim 14, the particles comprising screw-bits, cone balls, pins, or non-spherical shot.
- 18. (Currently amended) An The apparatus of claim 14, the comprising a ball mill including a vial having an inner surface that has been roughened prior to use.

- 19. (Original) The apparatus of claim 18, where the inner surface is jagged.
- 20. (Currently amended) An The apparatus of claim 14, the comprising a ball mill including a vial with an internal grill configured to contribute to disruption.

21. (Canceled)

22. (Original) A kit comprising:

- (1) disrupting particles (a) that are not substantially spherical or (b) that are substantially spherical, which have been roughened prior to use; and
- (2) a lysis buffer for biological samples.
- 23. (Original) The kit of claim 22, further comprising a vial.
- 24. (Original) The kit of claim 23, the vial having an inner surface that has been roughened prior to use.
- 25. (Original) The kit of claim 23, the vial including an internal grill configured to contribute to disruption of a sample.
- 26. (Original) A method comprising disrupting a biological sample in a ball mill using disrupting particles having a largest dimension greater than or about equal to 4 mm, the method not comprising plating of yeast or bacteria.
- 27. (Original) The method of claim 26, the particles being substantially spherical.
- 28. (Original) The method of claim 26, the particles comprising steel spheres.
- 29. (Original) The method of claim 28, the spheres having a diameter of 3/16, or 7/32 inches.
- 30. (Original) The method of claim 26, the particles comprising diagonals or coneballs.